

Government College Madappally

Faculty Profile

Name of Faculty	HARITHA S.KURUP		
Department	PHYSICA LEDUCATION		
Designation	ASSISTANT PROFESSOR (SENIOR SCALE)		
Email ID	jithesh.kurup97@gmail.com		
Teaching Experience(Yrs)	8Yrs experience as Govt Physical Education teacher 12Yrs experience as Assistant Professor		
Field of Research(if any)	Ongoing PhD“ Effects of Gender Difference on selected Psychological Attributes Of National Basketball Players-An Exploratory Study”.		
Research Activities	Nil		
Major and Minor projects undertaken	NIL		
List of publications	1.Aging And Exercise “-Proceedings Of The Three Day National Seminar On Lifelong Physical Fitness And Wellness ISBN 978-81-920873-7-5 2.”Effective Hydration Of Athletes”- Proceedings Of The UGC Sponsored National Conference On Health And Life Style Organized By UC College Aluva		
Administrative responsibilities	Convenor of college Health club and Yoga club,member of Women Cell,Planning Committee,Purchase Committee &Fitness Centre		
Students related activities	We provide Yoga,Aerobics and fitness training in gymnasium for our students and staff to improve the health and fitness.Department also conduct specialized coaching camps for Athletics,Volleyball,Softball,Baseball, Football ,Cricket,Basketball andKalaripayattu for boys and girls As a part of reviving sports many initiatives are being undertaken by the department like ‘COME LET’S PLAY’ to attract all the students of our college to our grounds for intramural competitions and Annual Athletic meet. Conducted awareness programmes on rules and regulations of various sports and games for general students. Escorts the college team as Manager and Coach in various disciplines in various inter collegiate/ Inter Zone Competitions. Extended help to job aspirants for various forces Army, Police, Forest.Conducts awareness programmes on Lifestyle Diseases for the studentsConducts selection trials for all games of the college.Health cards are issued to students to know their BMI,BP,Blood group		
Books published	NIL		
Awards/Honours	1. Kerala University Sports Incentive Award for Three Years 2. Best outgoing sports person award of LNCP TVM for the year 1999, 3. Captain of The Kerala University Basketball team which bagged second position in the All India Inter University Basketball Tournament-1999.		
Countries visited	Singapore,Indonesia.		
Address for correspondence (with pincode)	“HARIKRISHNA”CHORODE-P.O VADAKARA-673106		
Academic qualifications			
Name of Degree	Name of Board/University	Year of passing	Subject
Graduation	UNIVERSITY OF KERALA	1997	PHYSICAL EDUCATION
Post graduation	UNIVERSITY OF KERALA	1999	PHYSICAL EDUCATION
M.Phil			
Ph.D			
Others	UGC NET qualified	1999	PHYSICAL EDUCATION

Seminars Attended

1. UGC sponsored National Seminar on "Physical Education and Life Skills" (20th and 21st March, conducted by NAM College Kallikkandy, Kannur)
2. UGC Sponsored National Conference on "Health and Life style" and presented a paper on "Effective Hydration of Athletes" (5th, 6th and 7th March 2015, held at Union Christian College, Aluva)
3. National Seminar on "Kerala Economy Focus on Productive Sectors. (7th December 2012, Organized by Dept. of Economics, Govt College Madappally.)
4. UGC Sponsored Two day national seminar on "Emerging trends in Sports science" (27th and 28th November 2014, organized by Govt College Of Physical Education , Kozhikode)
5. UGC Sponsored Two days Seminar on "Sports culture and Society: Trends and Challenges (organized by Govt Brennan college of Teacher Education. On 17th and 18th December 2014.)
6. National seminar on "Sustainable Agricultural solutions for food security" (19th and 20th January 2016 Organized by Dept of Botany Govt.College Madappally.)
7. National Seminar on "Lifelong Physical Fitness and Wellness" and presented a paper "Aging and Exercise "(on 10th and 12th January 2017, Organized by Govt Arts and Science College, Calicut).
8. International Conference on Prospective Approaches and Applications of Yoga and Physical Activity for Better life" and presented a paper entitled "Yoga and You- A Physical Educationalist Point of View" (On 19th and 20th November, 2015 organized by All Saint's College Tvm.).
9. National Seminar On Movement Education and Life style Diseases and Presented a Paper entitled "Blood Pressure And Hypertension"(on 16th February 2016, Organized by Dept. of Physical Education , Govt College Madappally.)
10. Paper presented in the National Seminar on Hurdles Faced In Fulfilling The Olympic Motto on "Sports Injuries & Prevention"(18 Feb 2018, Organised by University College, TVM)
11. Paper presented in the International Conference on Sports Science Management and Yoga on "Artificial Intelligence: The Impetus to Future Sports". (18th 19th and 20th July 2019 Organised by SAI- LNCPE, TVM)
12. Attended National Workshop on "Quality Research in Sports Sciences-Special focus on IBM SPSS Statistics"(9th 10th and 11th December 2019 Organised by GCPE, Calicut).